

2025-2026 League Schedule

ADULT LEAGUES						
DAY	TIME	LEAGUE	LEAGUE MEETING	START DATE	WEEKS	INFO** (All Leagues are Handicap Leagues)
SUN	4:30 PM	Postal Mixed	Aug 24, 2pm	Sept 7, 4:30pm	30	Mixed, 4 Bowler Teams, All Skill Levels non-sanctioned (all adults are welcome to join)
	4:30 PM	Sunday Sleepers	Aug 17, 4:30 pm	Sept 7, 4:30pm	30	Mixed, 4 Bowler Teams (at least 1 member of opposite sex on team) All Skill Levels, non-sanctioned
MON	7:30 PM	Monday Night Sports (split season league)	Aug 4, 7:00 pm	Aug 11, 7:30pm Spring: est 1/6/25	17 17	Mixed, 3 Bowler Teams, Medium to Advanced Skill, SANCTIONED
TUES	1:00 PM	Tuesday Twosomes	Aug 5, 1:00 pm	Aug 12, 1:00 pm	32	Seniors 50+, Mixed, 2 Bowler Teams, All Skill Levels, SANCTIONED
	6:30 PM	PinSplitters	July 29, 6:30 pm	Aug 5, 6:30 pm	34	Mixed, 4 Bowler Teams, (at least 1 member of opposite sex on team) All Skill Levels, SANCTIONED
WED	8:15 PM	Wednesday Night Trios	Aug 6, 7:30 pm	Aug 13, 8:15 pm	33	Mixed, 3 Bowler Teams, Competitive, SANCTIONED
THUR	9:30 AM	Sunrise Sooner Ladies	Sept 4, 9:00 am	Sept 4, 9:30 am	29	Ladies, 2 Bowler Teams, All Skill Levels non-sanctioned
	1:00 PM	Ole Timers	July 31, 1:00 pm	Aug 7, 1:00 pm	32	Seniors 50+, Mixed, 4 Bowler Teams, (at least 1 member of opposite sex on team) All Skill Levels, SANCTIONED
	7:00 PM	Thursday Night Football (Fall) Thursday Spring Trios (Spring)	Aug 7, 7:00 pm	Aug 14, 7:00pm Spring: est 1/8/26	17 17	Mixed, 3 Bowler Teams, All Skill Levels, SANCTIONED

**There is a required weekly payment for all leagues (except high school). Sanctioned leagues have additional yearly one time sanction fee paid at beginning of league.

NOTE: Regular Season Leagues must have at least **SIX (6)** teams to make

AUGUST 8: 3-6pm LEAGUE BOWLER APPRECIATION DAY; 6-9pm YOUTH BENEFIT 9 PIN TOURNAMENT

* Sooner Bowl is a qualified EPIC vendor

YOUTH LEAGUES						
DAY	TIME	LEAGUE	LEAGUE MEETING	DATES	WEEKS	INFO** (All Leagues are Handicap Leagues unless noted)
MON	5:00 PM	High School	N/A	TBD	Season: Nov - Feb	5 Bowler Teams, Baker Format, No Cost to High School Students
WED	10:15 AM	Fall Home School Spring Home School	N/A	Sept 3 Spring: est 1/28/26	10	Open to all youth bowlers age 6-18, 2 games per week, non-sanctioned, EPIC eligible* MUST sign up at soonerbowl.com
	6:15 PM	Adult/Youth -> limited to first 24 teams <- (split season league)	See Below	Aug 27 Spring: est 1/21/26	12	Sanctioned , 2 Bowler Teams, 1 Adult + 1 Child, or 2 Youth, EPIC eligible*
SAT	9:30 AM	Bowling Buddies! (split season league)	See Below	Aug 23 Spring: est 1/24/26	12	Sanctioned , doubles or teams made up of 3 friends, or over/under 11 for those who want to help younger kids in the sport - EPIC eligible*

YOUTH NOTE: Fall New Bowler / Parent Meetings for Adult/Youth and Saturdays - **Aug 13 - 6:30pm, Aug 16 - 10:00am, Aug 20 - 6:30pm**